

**This Sunday CLEO TV Premieres A New Lifestyle Show 'CULTURE KITCHEN' with Afro-Latina Chef Bren Herrera**

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Thu, Sep 9, 2021 at 12:10 PM



Show Schedule



**PRESS RELEASE**

**CLEO TV HEATS UP IT'S PROGRAMMING WITH PROUD AFRO-LATINA CELEBRITY CHEF BREN HERRERA IN A NEW SERIES: *CULTURE KITCHEN***

***Culture Kitchen Premieres This Saturday, September 11 at 9 P.M. EST/8C***





**Silver Spring, MD - September 9, 2021** - CLEO TV will debut ***CULTURE KITCHEN***, a fun, upbeat lifestyle show hosted by popular **Chef Bren Herrera** on **Saturday, September 11** at **9 P.M. ET/8C**. With an infectious personality and Afro-Latina flair, D.C.-native Bren Herrera delights with her bright, flavorful recipes, and stories from her travels abroad.

On this hot new cooking show each week, Chef Bren will be representing for her culture while serving up tasty quick meals. Herrera's love of life comes through in her cooking and she combines the fond memories of her upbringing, the experiences from her world travels, and her fiery personality to create unforgettable dishes filled with flavor. Audiences can tune in to get delicious recipes, entertainment tips, and handy kitchen hacks.

"Food is powerful. It's the one thing in life that we need to sustain our breath. Food heals and bridges gaps. It invites a shared moment that can change a person's life. This is what I wanted to convey in *Culture Kitchen*," says Herrera.

Herrera is an award-winning celebrity chef, TV personality, entrepreneur, actress, author with an infectious ability to curate and tell stories that matter. Born in Havana, Cuba and raised in Washington, D.C. she fell in love with cooking at a young age as her Mom introduced her to the art of pressure cooking. After leaving a lofty career in law, Herrera turned to cooking as her way to celebrate her Afro-Cuban roots but also to entertain through dynamic experiences. In her very soulful kitchen, she combine's Cuba's vibrant plate, seeded in African, European, and Spanish culture and cuisine, with modern flavors and textures, to create memorable and smart dishes. She is the pressure-cooking Queen whose philosophy is to save time and energy so that you can spend precious time with your loved ones without sacrificing flavor and nutrition.

On the debut episode of *Culture Kitchen*, Herrera dishes some of her favorite comfort food, Caribbean oxtail with yucca and swiss chard paired with arroz con pollo and a tasty appetizer taro chips topped with mint and garlic relish. To create a beautiful setting for this meal, Chef Bren picks up some special houseware items to present a delicious feast.

*CULTURE KITCHEN* is produced by Powerhouse Productions with co-owners Rochelle Brown and Sonia Armstead as Executive Producers. For TV One, Jason Ryan is the Executive Producer in Charge of Production, Donyell McCullough is Senior Director of Talent & Casting.

For more information about CLEO TV visit [www.mycleo.tv](http://www.mycleo.tv) and check out [CLEO TV's YouTube Channel](#). Viewers can also join the conversation by connecting via social media on [Twitter](#), [Instagram](#), [Pinterest](#) and [Facebook](#) (@mycleotv) using the hashtag **#CULTUREKITCHEN** and **#CLEOTV**.

## CULTURE KITCHEN CLIPS



### Oxtails

**Embed Code:** `<iframe width="560" height="315" src="https://www.youtube.com/embed/wX_3Y_gktNs" title="YouTube video player" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture" allowfullscreen></iframe>`



### Arroz Con Pollo

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## CULTURE KITCHEN PHOTOS

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### Meet Chef Bren Herrera of *Culture Kitchen*



**Arroz Con Pollo**



**Caribbean Oxtail with Yuca & Swiss Chard**

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